



Department of Community Medicine  
Government Medical College Thiruvananthapuram  
Affiliated to Kerala University of Health Sciences



# 15<sup>TH</sup>

# NATIONAL CONFERENCE ON STUDENTS' MEDICAL RESEARCH 2025

Theme: Healthy Foundations for a  
Brighter Future: Adolescent Health matters

## Important Dates

Registration & Abstract  
submission opens on

**1<sup>st</sup> June 2025**

Closing on

**7<sup>th</sup> July 2025**

## Supported by

Trivandrum Medical College Alumni Association  
Trivandrum Medical College PTA  
Pranaamam '94 MBBS Batch Alumni Trivandrum  
State TB Cell - DHS  
National Health Mission - SMD

## Conference Highlights

- ★ Oration / Panel Discussion
- ★ Oral/Poster Presentation
- ★ Attractive Cash Prize for Best paper / poster presentation for each session
- ★ Quiz Competition for UG with Cash Prize
- ★ AI in Medical Research Workshop
- ★ Cultural Events
- ★ Gala Dinner

## Who Can Apply and Registration Fee?

Undergraduate MBBS Students	: Rs 2000
Interns (Medical)	: Rs 2500
Postgraduates / MPH / MPhil	
- Medical/Dental/Pharmacy/Nursing	: Rs 3500
- E presentation for PG's Outside Kerala	: Rs 3000
Faculty / Senior Residents / PhD scholars	: Rs 4000

Only one poster/oral is allowed per person  
Additional Fee of Rs 500 for PG Workshop



## For Registration



Scan or visit

<https://commedtvm.com/>

## Contact

Dr Aiswarya S - 96564 17628  
Dr Neeraja M - 9447838892  
Dr Zajil Nizar - 9495430937  
Dr Gayatri L K - 90741 15209

[natcongmcctvm@gmail.com](mailto:natcongmcctvm@gmail.com)

# July

# 28<sup>th</sup> & 29<sup>th</sup>

# 2025

# About NATCON 2025

The Department of Community Medicine, Government Medical College Thiruvananthapuram, proudly hosts the 15th National Conference on Students' Medical Research-NATCON 2025. We are elated to bring together a diverse community of young scholars, researchers, and healthcare enthusiasts to exchange their insights in the field of medical research.

We have curated a diverse program featuring esteemed speakers, stimulating panel discussions, and opportunities for participants to showcase their research through poster/oral presentations. NATCON 2025 presents a platform for students from different institutions to display their trailblazing research works and will also provide them with the unique opportunity to take advantage of the formal and informal discussions with the experts.

With the theme **"Healthy Foundations for a Brighter Future: Adolescent Health Matters"**, this year's conference highlights the pressing health and social issues faced by adolescents and calls for evidence-based, sustainable solutions.

NATCON 2025 features expert lectures, panel discussions, and oral/poster presentations, offering young minds an opportunity to grow, network, and contribute meaningfully to the field of medical research.

Join us in Kerala, the God's Own Country, where knowledge meets culture, and discovery meets nature.

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Abstract submission opens - **1<sup>st</sup> June 2025**

Registration closes - **7<sup>th</sup> July 2025**

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## Organizing Committee

### Chairman

**Dr PK Jabbar**  
Principal  
Government Medical College  
Thiruvananthapuram

### Co-Chairman

**Dr Usha Devi**  
Vice Principal  
Government Medical College  
Thiruvananthapuram

### Organizing Secretary

**Dr Anuja U**  
Professor and Head  
Department of Community Medicine  
Government Medical College  
Thiruvananthapuram

### General Convenor

**Dr Gayatri L K**  
Assistant Professor  
Department of Community Medicine  
Government Medical College  
Thiruvananthapuram

### Joint Convenors

**Dr Jeena Ramesh**  
Associate Professor (CAP)

**Dr Jincy J**  
Assistant Professor

### Organizing Convenors

**Dental Convenor:** Dr Dithi C

**Pharmacy Convenor:** Dr Winson Sam

**Nursing Convenor:** Mrs Swapna K V

**PG Convenors:** Dr Sebin Sebastian  
Dr Zajil Nizar  
Dr Neeraja M  
Dr Sarath R  
Dr Aiswarya S  
Dr Rajeev K R

**UG Convenors:**

Mr Nikhil P Vinod  
Mr Ananthapadmanabhan P

## Conference Highlights

Best Paper Awards and Cash Prize

Theme Presentations

Panel Discussion

Quiz Competition - UG with Cash Prize

PG Workshop - AI in Research

Cultural Events

Gala Dinner

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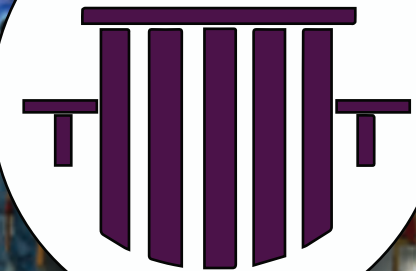
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# 15<sup>TH</sup> NATIONAL CONFERENCE ON STUDENTS' MEDICAL RESEARCH 2025

NATCON'25



**Healthy Foundations for a Brighter Future:  
Adolescent Health Matters**

**28<sup>th</sup> & 29<sup>th</sup> July 2025**



Department of Community Medicine  
Government Medical College Thiruvananthapuram  
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# Greetings from NATCON 2025

We warmly invite you to be a part of NATCON 2025, where curiosity meets collaboration, and innovation shapes the future of healthcare. This conference offers a unique opportunity to explore fresh perspectives in medical research, share impactful experiences, and strengthen your research acumen—especially in the emerging domains of public health and adolescent health.

NATCON 2025 seeks to spark critical conversations and foster a robust research culture that translates into evidence-based medical practice. We look forward to your enthusiastic participation in this academic journey that celebrates inquiry, exchange, and progress.

Warm regards,  
Dr P.K. Jabbar  
Chairman, NATCON 2025

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- E presentation for PG's & Faculty	
Outside Kerala	: Rs 3000
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# Programmes

## Day 1 – July 28<sup>th</sup> 2025

### Theme Presentation

**Adolescent health Programmes in India, Sexual and Reproductive Health Awareness**

Dr Zoya Ali Rizvi, Deputy Commissioner, MoHFW

**Adolescent Health in Kerala: Challenges and Way Forward**

Dr Amar Fettle, State Nodal Officer, Adolescent Health, NHM Kerala

**Prevention of nutritional and life style diseases in adolescents**

Dr Jugal Kishore, Director & Professor, Community Medicine, VMMC & Safdarjung Hospital, New Delhi; Secretary General, Indian Association for Adolescent Health.

**Adolescents and Digital Era**

Shri Ankit Ashokan, IPS, SP, Cyber Operations and Technical Intelligence, Kerala

**From Risk to Resilience – An overview to Adolescent Mental Health and Addiction**

Dr Anilkumar TV, HOD, Dept of Psychiatry, Govt Medical College, Ernakulam

**Addressing violence and abuse in adolescent**

Shri S Shamnad, Senior Civil Judge & Secretary  
Thiruvananthapuram District Legal Services Authority (TDLSA)

### Oration

MRS Menon Research Foundation Trivandrum Medical College Alumni

Dr MKC Nair former Vice-Chancellor, Kerala University of Health Sciences, and founder Director of Child Development Centre,

### PG Workshop

**AI In Medical Research**

Dr Sharon Baisil, Associate Professor,  
Department of Community Medicine,  
MOSC Medical College Kolenchery  
Additional Fee of Rs 500 for PG Workshop, Limited Seats Available

## Panel Discussion

Moderator: Dr Indu P S, Principal, Govt Medical College, Kasaragod

**Inclusivity & diversity: Promoting health & well-being for LGBTIQ+ adolescents, & other marginalized groups.**

Dr Jayasree AK, Professor & HOD, Dept of Community Medicine Govt Medical College, Kannur

**Adolescent-friendly healthcare services– Improving access to healthcare services for adolescents.**

Dr Jugal Kishore, Director & Professor, Community Medicine, VMMC & Safdarjung Hospital, New Delhi; Secretary General, Indian Association for Adolescent Health.

**Community engagement and participation promoting adolescent health.**

Mr Anson P D Alexander, Director, NGO, 'Kanal'

**Role of Education in shaping a child's future.**

Smt. Famila E R, Principal (Rtd), Textbook writer & translator, Resource person of Health education & Life skill programme

**Adolescent perspective:**

Ahana N, class 10, St. George Central School, Anchal.

**Oration** Pranaamam '94 MBBS Batch Alumni Trivandrum  
**Optimising Height in Children and Adolescents**  
: The Story of My Experiments with Growth

Dr .Vimal. M.V., MD, DNB, DM Endocrinology  
Senior Consultant & HOD, Aster MIMS, Kozhikode, Kerala.

## Quiz for Undergraduate Medical Students

Registration Mandatory  
Team of 2 each: Maximum of 2 teams per college  
First Prize: Rs: 5000. Second Prize: Rs 3000, Third Prize: Rs2000

## Cultural Events and Gala Dinner

## Day 2 – July 29<sup>th</sup> 2025

### Research Paper Presentations

Cash Prize for Best presentation for each sessions

### Valedictory Function

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