

**GOVERNMENT OF KERALA**  
**DIRECTORATE OF MEDICAL EDUCATION**

**PROSPECTUS FOR ADMISSION TO**  
**POST GRADUATE DIPLOMA IN CLINICAL PSYCHOLOGY (PGDCP) – 2008-2009**  
**IN THE MEDICAL COLLEGE, THIRUVANANTHAPURAM**

*(Approved by Government as per G.O. (Rt) No. 1589/2008/H&FWD Dated 30/04/2008)*

*Formerly PGDCR – Psy. Renamed vide G.O (MS) 197/2000/H&FWD dated 28-7-2000*

**I. INTRODUCTION**

There is an increasing demand for properly trained Clinical Psychologists and Clinical Counselors for carrying out Psychotherapy, Behavior-therapy and other methods of Psychological treatment. These are needed during the treatment phase of major psychiatric disorders and subsequent rehabilitation counseling. Psychological therapies are also indicated to help people suffering from various psychological disturbances like neuroses, adjustment disorders, marital problems, suicidal tendency, old age problems, addiction related disorders, Chronic and debilitating disorders like cancer and physical and mental disabilities etc. In the complex socio- economic milieu of the present times, these are becoming more prevalent and, comprehensive care for them more relevant.

Owing to better awareness of mental health problems and scientific approaches for their alleviation, there is a growing need among the public for professional counselling in relation to these disorders. We do not have any centre to provide training in Clinical Psychology or Clinical Counselling with adequate practical experience. Such training can be offered in a teaching Department of Psychiatry with teachers in Psychiatry and Clinical Psychology and a clinical infrastructure with adequate number of various types of patients.

The Directorate of Medical Education (DME), Kerala State conducts Post-graduate Diploma in Clinical Psychology (PGDCP) in Medical College, Thiruvananthapuram with an annual intake of eight (8) candidates.

**II. ELIGIBILITY**

- a) Candidates who have passed M.A. Degree in Psychology from the University of Kerala or equivalent degree from other Universities, recognized by the University of Kerala. The applicant should have not less than 55% marks in the M.A. or equivalent recognized degree. Scheduled Caste/ Scheduled Tribe candidates need to pass the exam and relaxation of 5 percent marks to candidates belonging to socially and Educationally Backward Community who come under the perview of the G.O (P) 208/66/Edn. Dated 2/5/1966 and subsequent orders/amendments and also subject to the annual family income of such applicants being below Rs.1.5 lakhs.

- b) Only Indian citizens of Kerala origin are eligible for admission to the course. Candidates, in order to prove that they are Indian citizens of Kerala origin, have to produce certificates from the Village Officer / Tahsildar to show that he/she or his/her parents ( mother/father) has been a resident of the T.C/Malabar areas now situated in Kerala State, for three years within a continuous period of five years immediately preceding 1-11-1956 or has owned or possessed landed property or house in the T.C/ Malabar areas now situated in Kerala State prior to 1-11-1956 or a certificate regarding the region of education from the Head of the Educational Institution where the candidates last studied.

### **III. AGE**

The lower age limit will be 22 years and upper age limit will be 30 years as on 31-12-2008. The upper age limit is relaxable by six years in the case of SC/ ST applicants.

### **IV. DURATION AND HIGHLIGHTS OF THE COURSE**

It is a **two year** course each academic year comprising of twelve months. At the end of the first year, the candidates would be required to take the Part I examinations consisting of (A) Three theory papers (B) A clinical and viva-voce examination in Psycho-diagnostics, and (C) a submission of five full length Psycho-diagnostics Record. At the end of the second year, the candidate would be required to take Part II / Final examination consisting of

- (A) Four theory papers.
- (B) A Clinical and viva-voce examination in the application of Clinical Psychology.
- (C) Submission of five fully worked out Therapeutic case records and
- (D) Dissertation.

During this course, they would be engaged in Clinical Counselling, Rehabilitation Counselling, Psychiatric and Psycho-diagnostic evaluations, Psychotherapy including behaviour therapy techniques and Psycho – social management under supervision and would be required to carry out a Dissertation, related to this. In addition to training in Psychometry and Psycho-social therapies in psychiatric disorders, Counselling in relation to old-age problems, cancer, physical and mental disability, marital and sexual problems (including HIV infection), suicide, Victimology and Disaster - related problems and Addiction - related disorders will be covered during the course.

On satisfactory completion of the course, the Diploma will be awarded.

### **V. APPLICATION FORM**

Application forms can be had from the Principals of State Medical Colleges on payment of the prescribed application fee. The application fee is Rs. 100 at the cash counter or Rs. 118 by money order, for which a receipt will be issued in T.R.Form No. 5. Money Order coupon, not containing the full address of the applicant will not be accepted. Money Orders will be accepted in the offices of the Principals only up to five working days prior to the last date. Postal Orders, Cheques, and drafts will not be accepted.

## **VI. HOW AND WHEN TO APPLY**

Application form, correctly filled in together with the following documents should reach the Director of Medical Education, Medical College Campus, Thiruvananthapuram-695011 on or before the last date fixed for the receipt of applications. The attested true copies of the following documents should accompany the application form.

1. Relevant pages of the SSLC or equivalent certificate to prove date of birth.
2. Degree Certificate and mark lists of B.A. of the University of Kerala or recognized by the University of Kerala.
3. Degree Certificate and mark lists of M.A. of the University of Kerala or recognized by the University of Kerala.
4. Course and Conduct Certificate from the Head of the Institution where the applicant studied last.
5. Community Certificate for SC/ST candidates to be obtained from Tahsildar / Village Officer to be furnished in the proforma given in the application form.
6. Certificate of residence or ownership or possession of landed property or house from the Village Officer/ Tahsildar concerned or the Certificate of Education from the Head of the Educational Institution concerned ( to be obtained in the application form).
7. Receipt issued towards the cost of application form in original.
8. One passport size photograph ( to be affixed at the space provided in the application form)

*Note :* Late and defective application will not be considered under any circumstance. No claim arising out of any belated furnishing of documents or details shall be entertained. The candidates will have to produce on demand any other certificate/ record they may have, prescribed by Government, in addition to those already specified above.

Application together with all the documents mentioned above should be sent by Registered Post, or by hand to the Director of Medical Education, Medical College Campus, Thiruvananthapuram - 695011, before the date and time specified by the Director of Medical Education. The envelope should be super-scribed '*Application for PGDCP Course for the year 2008-2009*'.

- a. The Principal of Medical College, Thiruvananthapuram is empowered to refuse admission if he/she is not satisfied with the correctness or genuineness of any certificate filed along with the application form. The decision of the Director of Medical Education in this regard will be final.
- b. Admission, even if given, will be cancelled if it is found later that false certificates have been produced or that admission has been secured by fraudulent means.

## **VII. SELECTION**

Admission to all seats shall be made on merit, based on the aggregate of marks secured by the candidates in M.A. Examination, allowing for the quota and relaxation for SC/ST candidates.

- In case there is a tie in the total aggregate of marks in MA Examination, the candidate with higher marks for English language in B.A. Examination will be ranked higher. If there is still a tie, the candidate who is older will be selected.
- If the seat reserved for SC/ST candidate remains unfilled that seat will be filled from the general candidates.

***Scheduled Castes/Scheduled Tribes Quota*** - The seats as specified under will be reserved for Scheduled Caste/Scheduled Tribe candidates.

### **Claim for Reservation under Scheduled Castes / Scheduled Tribes quota**

- (a). Candidates claiming reservation under Schedule Castes / Schedule Tribes quota should obtain the Caste / Community Certificate from a Revenue Officer not below the rank of a Tahsildar, in the application form. The Christian converts who have subsequently embraced Hinduism should produce Caste / Community Certificate in the proforma given in the application form. The following certificate should also be got recorded by the Revenue Official below the certificates. "The Certificate is issued after observing the guidelines issued in Government Circular No. 18421/E2/SC/ ST / DD dated 15-12-1987 "
- (b). The applications for the reserved seats of Scheduled Castes / Scheduled Tribes candidates which do not contain SC / ST Certificates (Community Certificate) from the Tahsildar in the prescribed form provided on the body of the application will not be considered on any account for claiming community reservation against the seat reserved for SC / ST candidates - vide G.O. (MS) 31/90/SC/ST/DD dated 25-05-1990. The community certificate should clearly specify that the candidate himself / herself (not the father or mother) belongs to the Scheduled Castes / Tribes. The Community Certificates obtained earlier for other purposes will not be accepted. The candidates who are reconverted to Hinduism from Christianity of Scheduled Caste origin should produce community certificate from the Tahsildar concerned along with a copy of Gazette Notification regarding re-conversion.
- (c). The claim for reservation under Schedule Caste / Schedule Tribes quota will also be subject to verification and clearance by the Screening committee constituted for the purpose by Government vide G.O. (MS) No. 23/89 SC/ST/DD dated 22-05-1989 and as authorised by section 6 of the Kerala (Scheduled Castes & Scheduled Tribes) Regulation of issue of Community Certificates Act – 1996 Act 11 of 1996).
- (d). The SC/ST claims in respect of those who have migrated from one State to another will be subject to the provisions of GO (MS) 10/86/SC/ST/DD dated 12-02-1986. Only the children of those who had migrated to this State before the promulgation of the Constitution (Scheduled Castes) Order 1950 and the constitution (Scheduled Tribes) Order 1950, and ordinarily reside in this State can claim SC/ST benefits from the State of Kerala. They must be able to prove this if required.

- (e). Children of inter-caste marriage who claim reservation under SC/ST quota should apply in the application form intended to SC/ST candidates and should produce the SC/ST Certificate from the Tahsildar concerned in the prescribed form provided on the body of the application form, in addition to the “Intercaste Marriage Certificate”. Their SC/ST claim will be subject to verification and clearance by the Screening Committee constituted by the Government vide G.O. (MS). 23/89/SC/ST/DD dated ,22-05-1989. The application of such candidates for the reserved seats of SC/ST Certificate from the Tahsildar concerned in the prescribed form provided in the body of the application will not be considered on any account (vide. G.O. (MS) 31/90/SC/ST/DD dated 25-05-1990.). The Community Certificate should clearly specify that the candidate himself / herself (not the father / mother) belongs to the Scheduled Castes / Tribes. There is no separate reservation quota for the children born of Intercaste married Couples of whom one is a Scheduled Castes / Scheduled Tribe.

### **WARNING**

Those who produce false SC/ST Certificate for claiming reservation under SC/ST quota shall be liable for the penalties stipulated in Section 15 of the Act referred to in the clause (c). Candidates and their guardians who make such applications are warned that in addition to prosecution they will have to suffer the following consequences in case the SC/ST Certificate produced is found to be false and the candidate does not belong to any SC/ST Communities under Section 16 of the Act : “ 16- Benefits secured on the basis of false community certificates to be withdrawn.”

1. Whoever not being a person belonging to any of the Scheduled Tribes secured admission in any education institutions against a seat reserved for such castes or tribes or secures any appointment in the Government, Government undertakings, Local Authority or in any other Company or Corporation owned or controlled by the Government or in any aided institutions against a post reserved for such castes or tribes or enjoys any other benefits intended exclusively for such castes or tribes, by producing a false Community Certificate shall, on cancellation of the false Community Certificate, be removed by cancelling the irregular admission in the concerned educational institutions, or as the case may be removed from the said service forthwith and any benefit enjoyed by him as aforesaid shall be withdrawn forthwith.
2. Any amount paid to such person by Government or any other agency by way of scholarship, grant, allowance, stipend or any other financial benefit shall be recovered as if it is an arrear of public revenue due as land.
3. Any Degree, Diploma or any other educational qualifications acquired by such person after securing admission in any educational institution on the basis of a false community certificate shall also stand cancelled on cancellation of the community certificate obtained by him.



### **XIII. EXAMINATION**

The examination will be held in two parts – Part I & Part II

Part I Examination at the end of the first year.

Part II Examination at the end of the second year.

The student will not be allowed to take the Part II Examination unless he/she has passed the Part I Examination.

A candidate who has been unsuccessful in the Part I regular Examination, or a candidate who has not appeared for the Part I of the regular examination will be allowed to continue the course for the second year and shall take the next held/conducted supplementary examination.

A minimum period of three months **additional attendance** shall be necessary for a candidate before appearing for the supplementary examination in case he fails to clear Part II within a period of six months from the date of the attended Part II examination.

An **additional fee** of Rs.1000/- shall be levied for the above said period of three months additional attendance.

#### **Submission of Logbook, Records and Dissertation**

Before appearing for the Part I Examination, every candidate should submit Five fully worked up Psycho-diagnostic reports – on or before the last date announced thereof. Before appearing the Part II examination, every candidate should submit five therapeutics case records on or before the last date announced thereof. Four copies of dissertation which is typed and bound should be submitted by the final (II) year students before the Part II examination, on or before the last date announced thereof.

Every candidate is to submit his/her completed Logbook of that year, duly signed by the supervising Teachers and Course Director, before applying for the examination.

#### **Scheme of Examination**

##### **Part I (At the end of the First academic year)**

The Part I examination will consists of Three Theory Papers, a Clinical and Viva Voce examination in Case history taking, MSE and Psycho-diagnostics and a submission of the Five fully worked out cases of full length Psycho-diagnostics.

(A) Theory		Marks
Paper I Psycho-social Foundations of Behaviour	:	100
Paper II Statistics & Research Methodology	:	100
Paper III Psychiatry	:	100
(B) Clinical & Viva in Case History taking,		
MSE & Psycho-diagnostics	:	200
(C) Record of Five Full length Psycho-diagnostics	:	100
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	Total :	600

Only those candidate securing at least 50 % marks in each theory paper and in aggregate, as well as for the clinical and viva-voce and psycho-diagnostics record will be considered as successful, and allowed to appear for the Part II examination.

**Part II (At the end of the Second academic year)**

(A) <b>Theory</b>		Marks
Paper I	Biological Foundation of Behaviour	: 100
Paper II	Psycho-therapy and counselling	: 100
Paper III	Behaviour Medicine	: 100
Paper IV	Current Perspectives & Special areas in counseling Psychotherapy & Psychosocial Rehabilitation	: 100
(B) Clinical and Viva in Clinical Application of Psychology		: 200
(C) Submission: Five fully worked up Therapeutic case records		: 100
(D) Dissertation		: 100
Total		: 800

A candidate has to obtain the required minimum of 50 % in individual theory papers, clinical & viva-voce, Records, and the dissertation to be considered as successful.

**Final Evaluation**

The final evaluation will be based on the aggregate marks in:

(1) Part I	-	Maximum Marks	-	600
(2) Part II	-	Maximum Marks	-	800
ie. Total Maximum Marks			-	1400

Successful candidates will be graded as follows:

50 % to 59 %	-	Pass
60 % to 74 %	-	Pass in First Class
75 % and above	-	Pass in First Class with Distinction

**XIV. SELECTION OF CANDIDATES**

- (a) Selection of candidates will be made by the Committee consisting of the Director of Medical Education, Joint Directors of Medical Education, Principal of Medical College, Thiruvananthapuram, Professor and Head of Department of Psychiatry , Professor of Psychiatry and a Clinical Psychologist from the Department of Psychiatry, Medical College, Thiruvananthapuram.

- (b) The select list and the wait list will be published by the Director of Medical Education, Kerala.
- (c) The decision of Selection Committee will be final.
- (d) The validity of the rank list will cease to exist and vacant seats, if any will get lapsed after six months of commencement of the course.

#### **XV. EXECUTION OF BOND**

The applicants selected to the course will have to execute a bond in Rs. 50 Kerala Stamp paper at the time of admission to the effect that he/she shall pay to Government, in the event of his/her interrupting or discontinuing the course at any time after one month from the date of admission to the course a sum of Rs. 20,000/- (Rupees Twenty Thousand only).

#### **XVI. DATE OF COMMENCEMENT OF THE COURSE**

Date of commencement of the course for each year will be announced by the Director of Medical Education.

#### **XVII. ATTENDANCE**

The candidates will be eligible to appear for the respective University examination if he/she acquires a minimum of 80% of attendance (they should be physically present) reckoned from the date of commencement of the course. 80% attendance is mandatory for both theory and practical classes.

This prospectus is subject to further modification/ addition as may be considered necessary by the Government and will be issued as executive orders/ notification. Notwithstanding anything contained in this prospectus, Government may at any time on their own volition or otherwise, after calling for the records of the case, amend or revise any order passed by a subordinate authority.

*DIRECTOR OF MEDICAL EDUCATION*